

EDUCATION

- 1990: Graduated from 1st Medical Secondary School in Wroclaw.
- 1995: Completed MA in Nursing at the Faculty of Nursing, Wroclaw Medical Academy.
- 1995–1997: Completed course in English as a Second Language, Cuyahoga Community College, Cleveland, USA.
- 1997: BA degree in Nursing confirmed by the State Education Department of the University of the State of New York, USA.
- 1997: Completed course in Identification and Reporting of Child Abuse and Maltreatment, the University of the State of New York, USA.
- 2008: Obtained the title of a Doctor of Medical Science in the field of Social Medicine, thesis title: "Influence of diabetes on quality of life after coronary artery angioplasty in various clinical forms of ischemic heart disease. Faculty of Postgraduate Medical Training, Wroclaw Medical University, supervisor: prof. Krystyna Łoboz-Grudzień.
- 2012: Completed specialist training in Cardiac Nursing, Center of Postgraduate Training for Nurses and Midwives in Warsaw, Poland.
- 2014: Completed postgraduate course at the School of Banking in Wroclaw: Research and Development Project Management.
- 2016: Obtained postdoctoral degree ("habilitation") in Health Science, Pomeranian Medical University in Szczecin, Poland.
- 2017: Completed specialist training in Gerontology, Center of Postgraduate Training for Nurses and Midwives in Warsaw, Poland.
- 2018: Completed specialist training in Geriatric Nursing, Center of Postgraduate Training for Nurses and Midwives in Warsaw, Poland.
- 2021: Obtained the title of Full Professor in Health Science.
- Holder of the Polish, British and American nursing licence

EMPLOYMENT

- 2001–2003: Lecturer at the Division of Palliative Care Nursing, Department of Clinical Nursing, Faculty of Health Science, Medical Academy in Wroclaw, Poland.
- 2003–2008: Research Assistant at the Division Internal Medicine Nursing, Department of Clinical Nursing, Faculty of Health Science, Medical Academy in Wroclaw, Poland.
- 2008–2017: Assistant Professor at the Internal Medicine Nursing Section, Department of Clinical Nursing, Faculty of Health Science, Wroclaw Medical University, Poland.
- 2017—present: Associate Professor at the Division Internal Medicine Nursing, Department of Clinical Nursing, Faculty of Health Science, Wroclaw Medical University, Poland.

Prof. Izabella Uchmanowicz

- 2017—present: Head of the Postgraduate Training Unit, Faculty of Health Science, Wroclaw Medical University, Poland.
- 2020-present: Head of the Division Internal Medicine Nursing, Department of Clinical Nursing, Faculty of Health Science, Wroclaw Medical University, Poland.
- 2020—present: Head of the Scientific Council of the Health Sciences Discipline, Wroclaw Medical University, Poland.
- 2022-2023 Chief Nurse at the Institute of Heart Diseases, Clinical University Hospital, Wroclaw, Poland

MEMBERSHIPS

- 2012–2016: Member of the National Societies' Committee of the Council on Cardiovascular Nursing and Allied Professions (CCNAP) of the European Society of Cardiology.
- 2012–2016: Member of the Education Committee of the Council on Cardiovascular Nursing and Allied Professions (CCNAP) of the European Society of Cardiology.
- 2012–2016: Member of the Nominating Committee of the Council on Cardiovascular Nursing and Allied Professions (CCNAP) of the European Society of Cardiology.
- 2012–2016: Member of the Patient Care Committee of Heart Failure Association of the European Society of Cardiology.
- 2014–2016: Section President of the Nursing and Medical Technique Section of the Polish Society of Cardiology.
- 2012-present: Board Member and Congress Coordinator of the Council on Cardiovascular Nursing and Allied Professions (CCNAP) of the European Society of Cardiology.
- 2017–2019: Board Member of the Heart Failure Section of the Polish Society of Cardiology.
- 2017–2019: Auditing Committee Member of the Polish Society of Cardiology Wroclaw Branch.
- 2016—present: Fellow of the European Society of Cardiology (FESC).
- 2016-present: Member of the American Heart Association.
- 2018–present: Member of the Council on Cardiovascular and Stroke Nursing of the American Heart Association.
- 2018—present: Member of the International Society of Heart and Lung Transplantation.
- 2010–present: Member of the Polish Nursing Society.
- 2010–present: Member of the Polish Association of General Practice.
- 2020–2022: Member of the Study Group on Cachexia, Sarcopenia and Frailty, Heart Failure Association of the European Society of Cardiology (ESC).
- 2020-present: Director at the European Nursing Research Foundation.
- 2022-2024: President of the Association of Cardiovascular Nursing and Allied Professions (ACNAP) of the European Society of Cardiology (ESC).
- 2022-2024 Board member of The European Society of Cardiology
- 2023- present: Board member of the Polish Cardiac Society

EXPERT GROPUS

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• 2018–2019: Member of the Project Management expert group: "European Society of Cardiovascular Disease (CVD) Programme" managed by the European Association of Preventive Cardiology (EAPC) in collaboration with the Acute Cardiovascular Care Association (ACCA) and the Association of Cardiovascular Nursing & Allied Professions (ACNAP).

Prof. Izabella Uchmanowicz

- 2018–2019: Member the Work Package 2 expert group: "Standards and Audits in the European Society of Cardiology (ESC)". The purpose of the program is to raise awareness on cardiovascular disease prevention and implement standards to ensure the success of prevention programs based on ESC guidelines throughout Europe.
- 2018–2022t: Member of the COST Association expert group: "Evaluation and Selection of the European Cooperation in Science and Technology (COST) Actions" for coordinating research financed from national funds at the European level.
- 2018–2022: Member of the Expert Group of the Polish Society of Cardiology for Palliative Care in Heart Failure.

- 2018–present: Expert at the National Agency for Academic Collaboration
- 2020- present CVD in Older Populations Science Committee, American Heart Association

PUBLIACTIONS:

Over 500 publications